

Enhanced Zinc Lozenges

Defend yourself against seasonal immune challenges

Item #01961 • 30 vegetarian lozenges

Zinc stimulates the activity of about 300 enzymes¹ and fortifies the immune system.²

Taking the best zinc lozenge is important for maintaining the body's natural defense system during the cold season — and throughout the year.

Enhanced Zinc Lozenges is a special “ionic formula” that delivers on the original promise of seasonal immune support.

Scientific evidence is accumulating that zinc acetate is the preferred zinc compound to provide enhanced seasonal immune support. Zinc acetate releases **100%** of its zinc as *ionic zinc* — positively charged zinc ions. Zinc acetate lozenges have been shown to **strongly support immune function**.³⁻⁵

Life Extension® Enhanced Zinc Lozenges provide zinc acetate with no other ingredients that could reduce the delivery of these immune-supportive, positively charged zinc ions. Enhanced Zinc Lozenges come in a naturally flavored peppermint lozenge.

References

1. *J Nutr.* 2000 May;130(5S Suppl):1437S-46S.
2. *Am J Clin Nutr.* 2007 Mar;85(3):837-44.
3. *Curr Ther Res.* 1998;59:595-607.
4. *Ann Intern Med.* 2000;133:245-52.
5. *J Infect Dis.* 2008;197:795-802.



One vegetarian lozenge contains:

Zinc (as zinc acetate) 18.75 mg
Other ingredients: dextrose, peppermint flavor, stearic acid, vegetable stearate, silica.

Dosage and use

Completely dissolve in mouth one lozenge every 2 wakeful hours, not to exceed 8 lozenges per day, or as recommended by a healthcare practitioner. Do not use for more than 3 consecutive days. Do not chew or swallow lozenge. May cause nausea if taken on empty stomach.

Caution: Supplemental zinc can inhibit the absorption and availability of copper. If more than 50 mg of supplemental zinc is taken daily on a chronic basis, 2 mg of supplemental copper should also be taken to prevent copper deficiency. Chronic ingestion of more than 100 mg of zinc daily may be immunosuppressive for some aspects of T-cell and NK cell function.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.